

Application for the Five Mindfulness Trainings Transmission

Name:

Age:

Gender:

Address:

Phone:

E-mail:

Which trainings would you like to receive at this ordination?

When you receive the mindfulness trainings from a dharma teacher ordained by Thich Nhat Hanh, you become a member of the 10th generation of dharma practitioners in the Lieu Quan (Vietnamese Zen) dharma tradition and a member of the 44th generation of dharma practitioners in the Lin Chi (Chinese Zen) dharma tradition. If you would like, you may receive a dharma name to encourage you in your practice and to recognize your place in these spiritual lineages.

If you would like a dharma name, please write below, or on a separate page, a few paragraphs concerning your aspirations as a practitioner. How do you intend to bring the practice of mindfulness into your life?

Please email the completed form to: info@mpcf.org